Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Journal Entries Chapter 4: Planning Your Career and Education**

1. Look at the results of your TruTalent Skills Assessment. List your top-five skills, along with a brief definition of each one.
2. Do a quick review of the career trends for 2019-2029. List three trends that could affect your future. Go to the US Bureau of Labor Statistics site at <https://www.bls.gov/> and search for any career you may be considering. Briefly list two interesting or helpful ideas you found at this site.
3. What steps can you take to establish or improve your personal brand?
4. A friend is looking for a job. What advice would you give him or her about the resume and job interview?
5. At times in life, you may face a challenge or setback which causes an unexpected change in plans. If you think positively about the situation, you can think of some new opportunities for the future. The situation is called a dangerous opportunity. Describe a dangerous opportunity you have faced in your life. What were the dangers and what opportunities did you find?