Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Journal Entries from Chapter 3: Learning Style and Intelligence**

1. Review the 16 elements of learning style and environment in this chapter and in the PEPS learning style assessment included with this textbook. Write a paragraph about your ideal learning environment. What are your strongest learning preferences? What environment makes you most productive?
2. Write a paragraph about your personality type and how it affects your learning style. Begin your paragraph by listing the four letters of your personality type. Tell how these personal characteristics affect your learning style. Include at least four learning strategies that match your personality type. For example:

My personality type is ISFJ. Being an introvert, I like quiet for concentration and prefer to study quietly in the library. I am also a sensing type . . .

1. How can you use your knowledge of personality type to understand your professor’s teaching style and expectations? What should you do if your personality does not match the professor’s personality? For example, if your professor is a judging type and you are a perceptive type, how can you adapt to be successful in this course?
2. Look at the charts on pp. 112-117 and see where you have the most checkmarks. What do you think are your highest intelligences?
3. Comment on your emotional intelligence and how you can use it to be successful in your personal life and your career.