Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Journal Entries from Chapter 2: Exploring Your Personality and Major**

1. Look at the results from Do What You Are and your own self-assessment above. Are you an introvert or an extravert or a combination of these two types? Can you give examples of how it affects your social life, school, or work? Write a paragraph about this preference.
2. Look at the results from Do What You Are and your own self-assessment above. Are you a sensing, intuitive, or combination type? Can you give examples of how it affects your social life, school, or work? Write a paragraph about this preference.
3. Look at the results from Do What You Are and your own self-assessment above. Are you a thinking, feeling, or combination type? Can you give examples of how it affects your social life, school, or work? Write a paragraph about this preference.
4. Look at the results from Do What You Are and your own self-assessment above. Are you a judging, perceptive, or combination type? Can you give examples of how it affects your social life, school, or work? Write a paragraph about this preference.
5. Write a paragraph about how being a judging, perceptive, or combination type influences any of the following: how you manage your time, how you budget your money, or your preferred work environment. Remember that judging means orderly and organized, not judging other people; perceptive means spontaneous and flexible. How is this information useful in choosing your career or being successful in college?